



Comisiynydd Heddlu a Throseddau  
Dyfed-Powys  
Police and Crime Commissioner

Cynhadledd Gwyl Dewi 2025

St David's Conference 2025



*Cynh. Plismona Seiliedig ar  
Ymchwil*

**Evidence Based Policing  
Conference**

Cynhadledd Gwyl Ddewi CHTh Dafydd Llywelyn  
PCC Dafydd Llywelyn's annual St David's conference

Cynhadledd Plismona Seiliedig ar Ymchwil

Evidence Based Policing Conference

04-03-2025

Pencadlys yr Heddlu, Llangunnor, ac Arlein

09:00 - 16:00

Police Headquarters, Llangunnor, and Online



Comisiynydd Heddlu a Throseddu  
Dyfed-Powys  
Police and Crime Commissioner

# Croeso Welcome



Dafydd Llywelyn

Comisiynydd Heddlu a Throsedd Dyfed-Powys  
Dyfed-Powys Police and Crime Commissioner

Mae'n bleser mawr gen i'ch croesawu chi i'r **9fed Cynhadledd Dydd Gŵyl Dewi**, lle byddwn yn archwilio rôl hanfodol **Plismona ar Sail Tystiolaeth** wrth lunio dyfodol plismona.

Mae'r gynhadledd yn darparu cyfle unigryw i weithwyr proffesiynol plismona, rhanddeiliaid allweddol, a phartneriaid academaidd ddod ynghyd a thrafod sut y gall ddulliau a sbardunwyd gan ymchwil wella canlyniadau plismona, cryfhau penderfynu, ac ysgogi arloesi. Wrth groesawu plismona ar sail tystiolaeth, gallwn sicrhau bod ein gwaith wedi ei hysbysu gan y dystiolaeth orau sydd ar gael, gan arwain yn y pen draw at **blismona mwy effeithiol ac effeithlon sy'n canolbwyntio ar y gymuned**.

Yn ymuno â mi fel siaradwyr gwadd **mae arbenigwyr ac academyddion cenedlaethol uchel eu parch**, a fydd yn rhoi goleuni ar y cyfleoedd a'r heriau sydd ynghlwm â mabwysiadau plismona ar sail tystiolaeth, yn ogystal â'r gwaith sydd eisoes ar droed i yrru arloesi mewn plismona. Gyda'n gilydd, byddwn yn archwilio sut y gallwn ymwreiddio ymhellach ddulliau ar sail tystiolaeth i arferion plismona dyddiol, wrth i ni ofyn: **i ble'r awn ni o'r fan hon?**

Diolch i chi am ymuno â ni, boed hynny'n bersonol neu arlein. Rwyf yn edrych ymlaen at ddigwyddiad a fydd yn ennyn brwdfrydedd a mewnwediad.

I am delighted to welcome you to the **9th St David's Day Conference**, where we will be exploring the vital role of **evidence-based policing (EBP)** in shaping the future of policing.

The conference provides a unique opportunity for policing professionals, key stakeholders and academic partners to come together and discuss how research-driven approaches can improve policing outcomes, enhance decision-making, and drive innovation. By embracing EBP, we can ensure that our work is informed by the best available evidence, ultimately leading to **more effective, efficient and community-focused policing**.

I am joined by **highly regarded national experts and academics** as guest speakers, who will shine a light on the opportunities and challenges in adopting EBP, as well as the work already underway to drive innovation in policing. Together, we will explore how we can further embed evidence-based approaches into everyday policing practice, as we ask: **where do we go from here?**

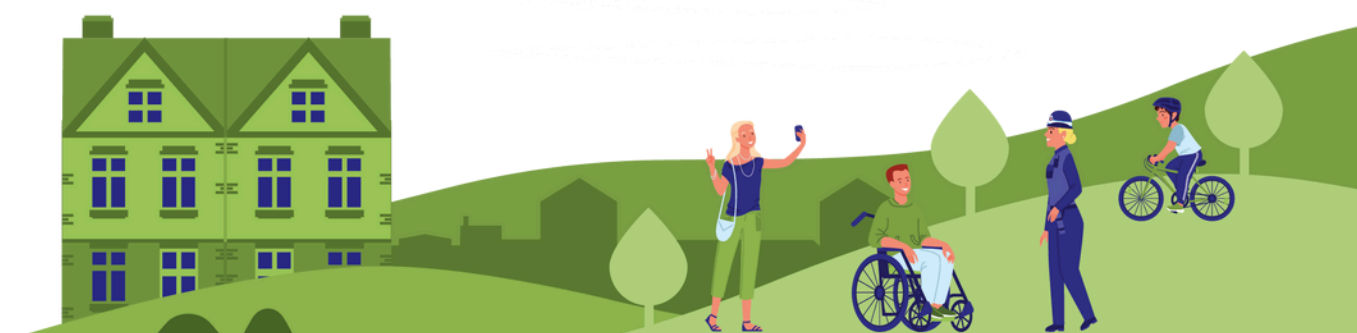
Thank you for joining us, whether in person or online. I look forward to an engaging and insightful event.



- 09:00**                    **Cofrestru | Registration**
- 09:30**                    ***Croeso a Geiriau Agoriadol | Welcome & Open Address***  
Prof. Elwen Evans KC
- 09:50**                    ***Adeiladu Diwylliant o Blismona ar Sail Tystiolaeth***  
**Building a Culture of Evidence Based Policing**  
Dr Matt Bland, Cymdeithas Plismona ar Sail Tystiolaeth | Society of Evidence Based Policing
- 10:30**                    ***Llunio'r Daith Cyfiawnder Troseddol ar gyfer Dioddefwyr: Integreiddio Profiad Byw ac Ymchwil sy'n Seiliedig ar Dystiolaeth***  
**Shaping the Criminal Justice Journey for Victims: Integrating Lived Experience and Evidence Based Research**  
Jessica Rees, Victim Support
- 11:00**                    **Egwyl | Break**
- 11:15**                    ***Egwyddorion Ymarfer Seiliedig ar Dystiolaeth***  
**Principles of Evidence Based Practice: Volume Crime to Serious Organised Crime**  
Alex Murray OBE, Cadeirydd Sefydliad Plismona Tystiolaeth | Society of Evidence Based Policing
- 11:45**                    ***Achub bywydau gyda System Leoli Fyd-eang***  
**Saving lives with GPS**  
John Porter & Ben Hanson, Heddlu De Swydd Efrog | South Yorkshire Police
- 12:15**                    ***Eitemau Dal Sylw yn y Ddalfa***  
**Distraction Items in Custody**  
Becky Davies, Heddlu Dyfnaint a Chernyw | Devon and Cornwall Police
- 12:45**                    **Egwyl Ginio | Lunch**
- 13:30**                    ***Hyfforddiant Cam-drin Domestig Rhithiol***  
**Domestic Abuse Virtual Training**  
Rob Gravelle, Heddlu Dyfed Powys | Dyfed Powys Police



- 14:00**      ***Pwyso i Lawr ar Fwrgleriaeth***  
**Nudging Down Burglary**  
Andrew Crowe, Heddlu Durham | Durham Police
- 14:30**      ***Egwyl | Break***
- 14:45**      ***Peilot Trais Domestig, Sir Gaerfyrddin***  
**Domestic Abuse Pilot Programme in Carmarthenshire**  
Steve Thomas, Heddlu Dyfed Powys | Dyfed Powys Police
- 15:15**      ***Prosesau Rhannu Gwybodaeth Effeithiol***  
**Effective Knowledge Sharing Processes**  
Rob Braddock, Coleg Plismona | College of Policing
- 15:45**      ***Closing Remarks***  
Dafydd Llywelyn  
Comisiynydd Heddlu a Throsedd | Police and Crime Commissioner
- 16:00**      ***Gorffen | Finish***





## Professor Elwen Evans, KC

*Croeso ac Anerchiad Agoriadol | Welcome & Open Address*

*Is-Ganghellor Prifysgol Cymru*

Vice-Chancellor of the University of Wales

Mae'r **Athro Elwen Evans, CB**, yn Is-Ganghellor Prifysgol Cymru, Prifysgol Cymru y Drindod Dewi Sant (PCDDS) a'r Grŵp PCDDS, strwythur dau sector sy'n cynnwys Coleg Sir Gâr a Choleg Ceredigion fel colegau cyfansoddol.

Astudiodd yr Athro Evans y Gyfraith yng Ngholeg Girton, Caergrawnt, gan raddio â gradd dosbarth cyntaf dwbl: M.A. (Cantab). Ar ôl graddio aeth ymlaen i Ysgol y Gyfraith Ysbytai'r Frawdlys ac fe'i galwyd i'r Bar gan Gray's Inn yn 1980. Fe'i penodwyd yn Gwnsler y Frenhines yn 2002.

Mae'r Athro Evans wedi mwynhau gyfa lwyddiannus iawn yn fargyfreithiwr, gan ddewis ymarfer yng Nghymru yn bennaf. Mae wedi ymgymryd ag amrywiaeth eang o waith cyfreithiol, ac wedi arbenigo mewn cyfraith trosedd ar lefelau treial ac apeliadau. Mae hi'n Gofiadur Llys y Goron ers cael ei phenodi yn 2001. Bu'n Bennaeth Iscoed Chambers am dros 15 mlynedd.

Yn 2015 fe'i penodwyd i rôl Pennaeth Coleg y Gyfraith a Throseddeg ym Mhrifysgol Abertawe lle roedd yn gyfrifol am sefydlu Ysgol y Gyfraith Hillary Rodham Clinton. Yn 2020, fe'i penodwyd yn Ddirprwy Is-Ganghellor a Deon Gweithredol ar gyfer Cyfadran y Dyniaethau a'r Gwyddorau

**Professor Elwen Evans, KC**, is Vice-Chancellor of the University of Wales, the University of Wales Trinity Saint David (UWTSD) and the UWTSD Group, a dual sector structure comprising Coleg Sir Gâr and Coleg Ceredigion as constituent colleges.

Professor Evans read Law at Girton College, Cambridge, graduating with a double first: M.A. (Cantab). On graduating she attended the Inns of Court School of Law and was called to the Bar by Gray's Inn in 1980. She was appointed Queen's Counsel in 2002.

Professor Evans has enjoyed a very successful career as a barrister, choosing to practice mainly in Wales. She has undertaken a wide range of legal work, specialising in criminal law at trial and appellate levels. She sits as a Crown Court Recorder having been appointed in 2001. She was Head of Iscoed Chambers for over 15 years prior.

In 2015 she was appointed Head of the College of Law & Criminology at Swansea where she was responsible for establishing the Hillary Rodham Clinton School of Law. In 2020, she was appointed Pro-Vice-Chancellor and Executive Dean of the Faculty of Humanities and Social Sciences and is credited with having led

Cymdeithasol a bu'n gyfrifol am arwain twf llwyddiannus y Gyfadran yn ystod y cyfnod hwn.

Mae hi wedi gwasanaethu ar amrywiaeth eang o gyrff a phwyllgorau allanol, gan adlewyrchu ei meysydd profiad a diddordeb proffesiynol, gan gynnwys fel Aelod Bwrdd Advance HE, Pwyllgor Cymru Comisiwn y Gyfraith, Cymru'r Gyfraith, pwyllgor sefydlog yr Arglwydd Ganghellor ar gyfer y Gymraeg; Cylchdaith Cymru a Chaer; Cyd-dribiwnlys Cyngor y Bar; Gweithgor Monitro Rhywedd ar gyfer Gwasanaeth Eryl y Goron; Pwyllgor Etholiadol Gray's Inn, Pwyllgor Defnyddwyr y Llys; Llywodraethwr Ysgol Lleol; Ymddiriedolaeth Elfed; hyfforddwr eiriolaeth achrededig a hyfforddwr hyfforddwyr.

Gyda'r Gymraeg yn iaith gyntaf iddi, mae hi'n Feinciwr yn ei Hysbyty, fe'i hanrhydeddwyd gan Orsedd y Beirdd am ei gwasanaethau i'r Gyfraith yng Nghymru a bu'n Gomisiynydd y Comisiwn ar Gyfiawnder yng Nghymru. Yn 2018, roedd ymhlith y 10 uchaf ar restr yn dathlu 100 o fenywod mwyaf ysbrydoledig Cymru.

the successful growth of the Faculty during this period.

She has served on a wide range of external bodies and committees reflecting her areas of professional experience and interest including as a Board Member of Advance HE, The Law Commission Welsh Committee, Legal Wales, The Lord Chancellor's standing committee for the Welsh Language; Wales & Chester Circuit; Joint Tribunal of the Bar Council; Gender working monitoring group for the Crown Prosecution Service; Gray's Inn Election Committee; Court User's Committee; Local School Governor; Elfed Trust; accredited advocacy trainer and trainer of trainers.

A native Welsh speaker, she is a Bencher of her Inn, has been honoured by Gorsedd y Beirdd for her services to Law in Wales and was a Commissioner on the Commission on Justice in Wales. In 2018, she was included in the top 10 of a list celebrating 100 of Wales' most inspirational women.





## Dr Matt Bland

*Adeiladu Diwylliant o Blismona ar Sail Tystiolaeth*  
Building a Culture of Evidence Based Policing

Mae **Dr Matt Bland** yn **Brif Swyddog Gweithredol Cymdeithas Plismona** ar Sail Tystiolaeth y DU, ac yn Athro Cyswllt Plismona ar Sail Tystiolaeth ym Mhrifysgol Caergrawnt. Fe oedd Cadeirydd Annibynnol y Swyddfa Gartref ar gyfer Adolygiad Fformiwla Cyllido'r Heddlu ac ef yw'r Cyfarwyddwr Treial ar gyfer treial cenedlaethol y Weinyddiaeth Gyfiawnder o brofion polygrafr ar gyfer troseddwytr trais domestig. Gweithiodd Matt i Heddluoedd Norfolk a Suffolk am 16 mlynedd ac mae wedi ysgrifennu tri llyfr a mwy na dwsin o erthyglau i gyfnodolion. Yn ei rôl gyfredol ei faes gorchwyl yw helpu ymwreiddio'r defnydd o dystiolaeth gorau mewn plismona yn y DU drwy hyrwyddo defnyddio a chynhyrchu ymchwil a chyfathrebu yn ei gylch.

Bydd Matt yn cyflwyno ar y modd y gall asiantaethau heddlu ddatblygu'r diwylliant o werthuso sydd ei angen er mwyn gweithredu ar sail tystiolaeth. Bydd ei sgwrs yn canolbwyntio ar y cyfleoedd dyddiol, cost isel sy'n bodoli i heddluoedd, comisiynwyr heddlu a throseddu a'u partneriaid. Bydd yn dadlau bod yr holl gynhwysion ar gyfer diwylliant o werthuso fwy na thebyg yn bodoli eisoes, ac yn dangos y modd y mae eu defnyddio o fudd i'r cyhoedd. Bydd ei sgwrs yn canolbwyntio ar y camau ymarferol y gall bobl eu cymryd yn eu rolau eu hunain.

**Dr Matt Bland** is a **Chief Operating Officer** of the **UK Society of Evidence Based Policing**, and an Associate Professor of Evidence Based Policing at Cambridge University. He was the Home Office's Independent Chair of the Police Funding Formula Review and is Trial Director for the Ministry of Justice's national trial of polygraph tests for domestic abuse offenders. Matt worked for Norfolk and Suffolk Constabularies for 16 years and has written three books as well as more than a dozen journal articles. In his current role his brief is to help embed the use of best evidence in policing in the UK by promoting the use, production and communication of research.

Matt will present on how police agencies can develop the culture of evaluation required to be evidence-informed. His talk will focus on the everyday, low-cost opportunities that exist for police forces, police crime commissioners and their partners. He will make a case that all the ingredients for a culture of evaluation probably already exist, and how the use of them is in the public interest. His talk will focus on practical steps that people can take in their own roles.



## Jessica Rees

*Llunio'r Daith Cyfiawnder Troseddol i Ddiodefwyr: Integreiddio Profiad Byw*  
Shaping the Criminal Justice Journey for Victims: Integrating Lived Experience

Jessica yw **Rheolwr Ardal Cymorth i Ddiodefwyr yng Nghymru**, lle mae'n goruchwylio gwasanaethau diodefwyr allweddol ledled Cymru, gan gynnwys pedwar cytundeb Aml-drosedd, cytundeb Troseddau Casineb Cymru Gyfan, cytundeb Ymddygiad Gwrthgymdeithasol, a chytundeb Stelcio Arbenigol. Gyda phrofiad helaeth mewn rheoli gwasanaethau cymorth, arweiniodd Jessica Ganolfan Cymorth Casineb Cymru a'r prosiect Pont Enfys yn flaenorol, a chymhwysodd fel Cynghorwr Annibynnol ar Drais Domestig, gan gefnogi goroeswyr Cam-drin Domestig LHDTTC+.

Yn eiriolwr dros gynhwysiant a chyfiawnder, mae Jessica hefyd wedi gwirfoddoli gyda Stonewall Cymru ar eu Gwasanaeth Gwybodaeth, a gwirfoddolodd gyda Heddlu De Cymru o fewn eu hadran Cymorth Corfforaethol. Yn ogystal, mae hi wedi cefnogi pobl ifainc a oedd yn gadael gofal fel Mentor penodedig.

Wedi ymrwymo i ddatblygu staff, mae gan Jessica gymhwyster ILM Lefel 5 mewn Hyfforddi a Mentora, ac mae'n hyfforddi aelodau tîm yn weithredol, gan feithrin twf o fewn y sefydliad. Enillodd ei gradd 2:1 mewn Troseddeg o Brifysgol Caerdydd, lle y cydweithiodd â Sefydliad y Brifysgol ar Wyddorau'r Heddlu ar ei thraethawd hir, a oedd yn canolbwyntio ar ymddygiad gwrthgymdeithasol.

**Jessica** serves as the **Area Manager for Wales** at Victim Support, where she oversees critical victim services across Wales, including four Multi-Crime contracts, a Pan-Wales Hate Crime contract, an Anti-Social Behaviour contract, and a Specialist Stalking contract. With extensive experience in managing support services, Jessica previously led the Wales Hate Support Centre and the Rainbow Bridge project, qualifying as an Independent Domestic Violence Adviser, supporting LGBTQ+ survivors of Domestic Abuse.

An advocate for inclusion and justice, Jessica has also volunteered with Stonewall Cymru on their Information Service and volunteered with South Wales Police within the Corporate Support department. Additionally, she has supported young people transitioning from care as a dedicated Mentor.

Committed to staff development, Jessica holds a Level 5 ILM qualification in Coaching and Mentoring and actively coaches team members, fostering growth within the organisation. She earned her Upper Second-Class Honours degree in Criminology from Cardiff University, where she collaborated with the university's Police Science Institute on her dissertation focused on anti-social behaviour.





Comisiynydd Heddlu a Throsedd  
Dyfed-Powys  
Police and Crime Commissioner

# Siaradwyr Speakers

Mae diddordebau proffesiynol Jessica'n cwmpasu hyrwyddo cydraddoldeb ac amrywiaeth, mynd i'r afael â throsedd a materion cymdeithasol, a hyrwyddo datblygiad gweithlu, sydd wedi'u sbarduno gan ymrwymiad cryf tuag at fwyhau lleisiau dioddefwyr drwy'r system cyfiawnder troseddol.

Jessica's professional interests encompass promoting equality and diversity, addressing crime and social issues, and advancing workforce development, all driven by a strong commitment to amplifying victims' voices throughout the criminal justice system.



## Chief Inspector Steve Thomas

*Rhaglen Beilot Cam-drin Domestig yn Sir Gaerfyrddin*  
Domestic Abuse Pilot Programme in Carmarthenshire

Mae gan y **Prif Arolygydd Steve Thomas** gyfoeth o brofiad a llwyddiant blaenorol mewn plismona, wedi iddo wasanaethu ar draws pedair sir Heddlu Dyfed Powys. Gyda gradd MSc mewn Plismona a Gorfodi'r Gyfraith a phrofiad rheoli gweithredol helaeth – gan gynnwys trefn gyhoeddus, Rheoli Tactegol CBRN Arian, a rheoli arfau saethu.

Fel cyn-bennaeth dalfa'r heddlu a goruchwyliwr cyfredol Timau Plismona Bro, y Ddalfa, a Phartneriaethau yn Sir Gaerfyrddin, mae Steve mewn safle unigryw i wella effeithiolrwydd y heddlu a diogelwch cymunedol. Mae ei set sgiliau amrywiol a'i ymrwymiad i ragoriaeth, yn sicrhau'r safonau uchaf o ran gwasanaeth cyhoeddus ac ymgysylltu cymunedol.

**Chief Inspector Steve Thomas** brings a wealth of experience and a proven track record in policing, having served across all four counties of Dyfed-Powys Police. With an MSc in Policing and Law Enforcement and extensive operational command experience—including public order, Silver CBRN Tactical Command, and firearms command.

As the former head of force custody and currently overseeing NPPT, Custody, and Partnerships in Carmarthenshire, Steve is uniquely positioned to enhance police effectiveness and community safety. His diverse skill set and commitment to excellence, ensure the highest standards of public service and community engagement.



## Alex Murray OBE

*Egwyddorion Ymarfer Seiliedig ar Dystiolaeth*  
Principles of Evidence Based Practice: Volume Crime to Serious  
Organised Crime

Cafodd **Alex Murray OBE** ei fagu fel plentyn yn y fyddin a graddiodd o Brifysgol Birmingham yn 1996. Mae wedi gwasanaethu mewn rolau CID ac mewn lifrai ar draws Birmingham, Coventry a Wolverhampton ac mae wedi bod yn uwch swyddog ymchwilio gyda phrofiad ym maes Gwrthderfysgaeth a deallusrwydd. Gan ddal meistr o Gaergrawnt (2008) ar gyfreithlondeb yr heddlu mewn cymunedau Mwslimaidd, mae wedi bod yn arfau tanio arbenigol, trefn gyhoeddus, a rheolwr Gwrthderfysgaeth.

Arweiniodd ymchwiliadau troseddau, fforensig a chudd-wybodaeth fel Troseddau ACC Dros Dro yng Ngorllewin Canolbarth Lloegr cyn dod yn Gomander, Troseddau Arbenigol yn y Met, goruchwyllo seiberdroseddau, masnachu mewn pobl, troseddau economaidd, a throseddau cyfundrefnol. Yn 2021/22, arweiniodd ymateb Llundain i lofruddiaethau cynyddol yn eu harddegau.

Mae Alex wedi gwasanaethu fel Prif Gwnstabl Dros Dro Heddlu Gorllewin Mersia ac mae bellach yn Gyfarwyddwr Bygythiadau yn yr Asiantaeth Troseddau Cenedlaethol. Ef hefyd yw arweinydd Plismona'r DU ar gyfer deallusrwydd artiffisial.

**Alex Murray OBE** grew up as an army child and graduated from Birmingham University in 1996. He has served in CID and uniformed roles across Birmingham, Coventry, and Wolverhampton and has been a senior investigating officer with experience in Counter Terrorism and intelligence.

Holding a master's from Cambridge (2008) on police legitimacy in Muslim communities, he has been a specialist firearms, public order, and Counter Terrorism commander. He led crime investigations, forensics, and intelligence as Temporary ACC Crime in West Midlands before becoming Commander, Specialist Crime in the Met, overseeing cybercrime, human trafficking, economic crime, and organised crime. In 2021/22, he led London's response to rising teenage homicides.

Alex has served as Temporary Chief Constable of West Mercia Police and is now Director of Threats at the National Crime Agency. He is also the UK Policing lead for artificial intelligence. Founder of the Society of Evidence-Based Policing, he introduced randomised control trials to policing, fostering global collaborations. He has trained police forces in India, Cambodia, and Europe and was awarded an OBE in 2017.



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# Siaradwyr Speakers



## Police Constable John Porter & Police Sergeant Ben Hanson

*Achub bywydau gyda System Leoli Fyd-eang*  
Saving lives with GPS

### John Porter

Ymunodd John â **Heddlu De Swydd Efrog** fel cwnstabl gwirfoddol yn 1997 cyn dod yn swyddog cyflogedig yn 2000, gan wasanaethu yn Doncaster. Yn **Gydlynnydd Chwilio'r Heddlu** cymwys, mae'n cynghori ynghylch chwiliadau gweithredol ac achosion unigolion coll perygl uwch.

Mae wedi gweithio ar ddigwyddiadau mawr, gan gynnwys y bomio yn Llundain ac achos April Jones. Y mae hefyd yn oruchwylydd gweithio'n uchel ac yn swyddog tywys pwysigion.

Gyda diddordeb cryf mewn cefnogi pobl â dementia, dechreuodd John ymchwilio i olrhain system leoli fyd-eang yn 2015 er mwyn gwella diogelwch. Ar ôl i'w dad gael ei ddiagnosio yn 2018, canolbwyntiodd ar ddatblygu datrysiaid ymarferol. Yn 2020, lansiodd dreial olrhain system leoli fyd-eang llwyddiannus ar gyfer pobl â dementia, gan alluogi pobl i fonitro eu hanwyliaid. Derbyniodd y prosiect sylw cenedlaethol, ac arweiniodd at gydweithrediadau gyda Choleg Prifysgol Llundain i ddatblygu technoleg olrhain a ysgogir gan ddeallusrwydd artifisial.

Tu allan i'r heddlu, mae John yn hyfforddwr siflaidd gyda Chadetiaid Awyr y Llu Awyr Brenhinol, gan wasanaethu fel swyddog hyfforddi Sgwadron ac arwain cadetiaid ar orymdeithiau ffordd 80 cilomedr.

### John Porter

John joined **South Yorkshire Police** as a special constable in 1997 before becoming a regular officer in 2000, serving in Doncaster. A qualified **Police Search Co-ordinator**, he advises on operational searches and high-risk missing person cases.

He has worked on major incidents, including the London bombings and the April Jones case. He is also a qualified at-height supervisor and VIP escort officer.

With a strong interest in supporting people with dementia, John began researching GPS tracking in 2015 to improve safety. After his father was diagnosed in 2018, he focused on developing a practical solution. In 2020, he launched a successful GPS tracking trial for people with dementia, allowing people to monitor their loved ones. The project gained national attention and led to collaborations with University College London to develop AI-driven tracking technology.

Outside the police, John is a civilian instructor with the RAF Air Cadets, serving as Squadron training officer and leading cadets on 80km road marches.

## Ben Hanson

Derbyniodd Ben radd BA mewn Athroniaeth o Brifysgol Leeds cyn ymuno â **Heddlu Hampshire** yn 2005, gan weithio yng nghanol tref Aldershot cyn symud i'r Adran Arbennig ym Maes Awyr Farnborough. Trosglwyddodd i **Heddlu De Swydd Efrog** yn 2014, gan weithio mewn plismona ymateb i gychwyn cyn ymuno â Thîm Bro Canol y Ddinas, lle yr helpodd i ailgyflwyno strategaethau sy'n canolbwyntio ar broblemau.

Arweiniodd gwaith Ben mewn datrys problemau ar lwyddiant yng Ngwobrau **Tilley a Gwobrau Goldstein** yn Santa Cruz. Yn ddiweddarach, cefnogodd waith John Porter ar ddiogelu pobl goll a gweithiodd ar y prosiect lleihau trais GRIP, gan ddefnyddio plismona sy'n seiliedig ar dystiolaeth i leihau trais yng Nghanol Dinas Sheffield.

Nawr yn rhingyll ar gyfer Tîm Pennu Tasgau Rotherham, mae Ben yn canolbwyntio ar fynd i'r afael â throseddu trefnedig difrifol. Y mae hefyd wedi'i hyfforddi fel trafodwr gwystlon ac argyfyngau.

## Ben Hanson

Ben earned a BA in Philosophy from Leeds University before joining **Hampshire Constabulary** in 2005, working in Aldershot town centre before moving to Special Branch at Farnborough Airport. He transferred to **South Yorkshire Police** in 2014, initially serving in response policing before joining the City Centre Neighbourhood Team, where he helped reintroduce problem-oriented policing strategies.

Ben's work in problem-solving led to success at the **Tilley Awards** and **Goldstein Awards** in Santa Cruz. He later supported John Porter's work on safeguarding missing people and worked on the GRIP violence reduction project, using evidence-based policing to reduce violence in Sheffield City Centre.

Now a sergeant for the Rotherham Tasking Team, Ben focuses on tackling serious organised crime. He is also a trained hostage and crisis negotiator.





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# Siaradwyr Speakers



## Detective Chief Inspector Becky Davies

*Tynnu sylw eitemau yn y ddalfa*  
Distraction Items in Custody

Mae **Becky Davies** yn **Dditectif Brif Arolygydd gyda Heddlu Dyfnaint a Chernyw**. Mae ganddi 21 mlynedd o brofiad yn y gwasanaeth heddlu, ac mae hi gwasanaethu mewn amryw o rolau ar draws gwahanol rengoedd mewn ymateb, dalfeydd a diogelu'r cyhoedd.

Yn ystod ei 4 blynedd fel swyddog dalffa, nododd nifer o feysydd i'w gwella o fewn amgylchedd y ddalffa, ac arweiniodd sawl prosiect arloesedd wedi'u hanelu at wella'r profiad a'r canlyniadau i'r rheini yn y ddalffa, yn ogystal â gwella amodau gwaith ar gyfer staff. Cyn hynny, chwaraeodd ran allweddol mewn prosiectau a oedd yn canolbwyntio ar wella lles yr heddlu ar lefel leol, strategol a chenedlaethol.

Ers gadael y ddalffa, mae Becky wedi gweithio ar brosiectau a luniwyd i wella profiad swyddogion heddlu niwroamrywiol ac aelodau o'r gymuned ehangach. Yn ddiweddar, cwblhaodd radd Meistr mewn Gwyddoniaeth mewn Gwyddor Iechyd Meddwl a darparodd gymorth dysgu i Brifysgol Exeter.

Tu allan i'r gwaith, mae Becky'n redwraig brwd ac yn fam ymroddgar i ddwy ferch 12 a 5 oed.

**Becky Davies** is a **Detective Chief Inspector** with **Devon and Cornwall Police**. She has 21 years of experience in the police service, having served in a variety of roles across different ranks in response, custody and public protection.

During her 4 years as a custody officer, she identified several areas for improvement within the custody environment and led multiple innovation projects aimed at enhancing the experience and outcomes for those in custody, as well as improving working conditions for staff. Prior to this, she played a key role in projects focused on improving police wellbeing at local, strategic, and national levels.

Since leaving custody, Becky has worked on projects designed to improve the experience of neurodivergent police officers and members of the wider community. She recently completed a Master of science in mental health science and provided teaching support to Exeter University.

Outside of work, Becky is a keen runner and devoted mum to two daughters, aged 12 and 5.



## Detective Sergeant Rob Gravelle

*Hyfforddiant Rhithwir Cam-drin Domestig*  
Domestic Abuse Virtual Training

Mae **Rob Gravelle** yn **Dditectif Ringyll** ymroddedig a phrofiadol iawn gyda Heddlu Dyfed-Powys. Gyda gyrfa nodedig yn ymestyn dros rolau amrywiol, ar hyn o bryd, mae Rob yn arwain gweithredu a rheoli hyfforddiant heddlu cychwynnol. Drwy gydol ei gyfnod yn y swydd, y mae wedi cyfrannu'n sylweddol at yr heddlu, gan weithio mewn meysydd megis CID, cudd-wybodaeth a phlisma cudd.

Roedd Rob yn allweddol o ran cyflwyno'r Uned Troseddau Digidol a Seiber yn Heddlu Dyfed-Powys, a derbyniodd gydnabyddiaeth yn genedlaethol am ei ragoriaeth mewn rheoli uned ymchwilio digidol. Mae ei arbenigedd mewn cydlynu cyfryngau digidol wedi bod yn ganolog mewn ymchwiliadau troseddau difrifol a gwarchod plant.

Yn ogystal â hyn, mae Rob yn cydweithio gydag academyddion parchus megis yr Athro Sarah Wydall a Dr. Helen Miles ar y prosiect "Drwy eu Llygaid Nhw." Mae'r gwerthusiad realaidd hwn yn anelu i ddeall sut mae dysgu'n digwydd yn y cyd-destun heddlu ac yn archwilio i werth ychwanegol defnyddio Realiti Rhithwir fel arf ymdrochol ar gyfer hyfforddiant Trais yn Erbyn Menywod, Cam-drin Domestig a Thrais Rhywiol. Mae ymrwymiad Rob Gravelle tuag at arloesedd a rhagoriaeth mewn plisma wedi ei wneud yn arweinydd uchel ei barch ac yn ased amhrisiadwy i Heddlu Dyfed-Powys

**Rob Gravelle** is a dedicated and highly experienced **Detective Sergeant** with Dyfed Powys Police. With a distinguished career spanning various roles, Rob currently leads the implementation and management of initial police training. Throughout his tenure, he has contributed significantly to the force, working in areas such as CID, intelligence, and covert policing.

Rob was instrumental in the introduction of the Digital and Cyber Crime Unit within Dyfed Powys Police, earning national recognition for his excellence in managing a digital investigation unit. His expertise in digital media coordination has been pivotal in major crime and child protection investigations.

Additionally, Rob is collaborating with esteemed academics such as Professor Sarah Wydall and Dr. Helen Miles on the project "Through their Eyes." This realist evaluation aims to understand how learning takes place in the police context and explores the added value of using Virtual Reality as an immersive tool for Violence Against Women, Domestic Abuse, and Sexual Violence (VAWDASV) training.

Rob Gravelle's commitment to innovation and excellence in policing has made him a respected leader and invaluable asset to Dyfed Powys Police.



## Detective Superintendent Andrew Crowe

*Byrgleriaeth i lawr*  
Nudging Down Burglary

Mae **Andrew** wedi bod gyda Heddlu Durham ers 25 mlynedd ac mae wedi gweithio mewn sawl maes plismona sy'n cynnwys: Gwisg, CID, Rheoli Troseddwr a Diogelu.

Roedd Andrew yn rhan annatod o ddatblygu a gweithredu'r Rhaglen Checkpoint, model erlyn gohiriedig ar gyfer delio â throseddwr yn hytrach na sancsiynau cyfiawnder troseddol traddodiadol. Cefnogodd hefyd ddatblygiad HART (Offeryn Risg Asesu Niwed), model AI i brysbennu troseddwr i'r Gwaredu. Mae Andrew wedi myfyrio ar y dull EPB hwn ac mae wedi sylweddoli ei bod yn anodd gweithredu, cynnal a chadw a gwnaed camgymeriadau, ond roedd yn gyfle gwych ar gyfer dysgu ychwanegol, nid yw wedi ei atal rhag rhedeg RCT arall!

Yn ystod y cyfnod 2019-2020 cwblhaodd MSt ym Mhrifysgol Caergrawnt mewn Troseddeg Gymhwysol a Rheoli'r Heddlu, archwiliodd ei draethawd ymchwil ddull erlyn gohiriedig o ymdrin â throseddwr cam-drin domestig gan ddefnyddio technegau ystadegol.

Yn ddiweddar, daliodd Andrew yr awenau yn heddlu Durham ar gyfer EBP ac Arloesi, mae wedi creu Partneriaeth Ymchwil Ranbarthol (RRP), gyda sawl prifysgol leol i gefnogi a datblygu arfer sy'n seiliedig ar dystiolaeth ym maes plismona.

**Andrew** has been with Durham Police for the 25 years and has worked in many areas of policing which include: Uniform, CID, Offender Management and Safeguarding.

Andrew was an integral part in the development and implementation of the Checkpoint Programme, a deferred prosecution model for dealing with offenders as opposed to traditional criminal justice sanctions. He also supported the development of HART (Harm Assessment Risk Tool), an AI model to triage offenders into the Disposal. Andrew has reflected on this EPB approach and has realised that RCT's are difficult to implement, maintain, and mistakes were made, but it was a great opportunity for additional learning, it hasn't stopping him from running another RCT!

During the 2019-2020 period he completed a MSt at Cambridge University in Applied Criminology and Police Management, his thesis examined a deferred prosecution approach to dealing with domestic abuse offenders using statistical techniques.

Andrew recently held the lead in Durham police for EBP and Innovation, he has created a Regional Research Partnership (RRP), with several local university to support and develop evidence-based practice in policing.



Comisiynydd Heddlu a Throseddu  
Dyfed-Powys  
Police and Crime Commissioner

# Siaradwyr Speakers

Ar hyn o bryd mae Andrew wedi ei secondio i'r NPCC i weithio a gwella popeth sy'n gysylltiedig â chyfiawnder troseddol, efallai ychydig yn fwy gneud a shoving i'w wneud yn y maes plismona yma.

Andrew is now currently seconded to the NPCC to work and improve all things criminal justice related, maybe a little more nudging and shoving to do in this area of policing.



## Rob Braddock, College of Policing

*Prosesau Rhannu Gwybodaeth Effeithiolr*  
Effective Knowledge Sharing Processes

Mae **Rob** wedi gweithio fel ymchwilydd i'r **Coleg Plismona** ers 2016. Cyn hynny, treuliodd 17 mlynedd yn gweithio i'w gwasanaeth heddlu lleol mewn amryw o rolau.

**Rob** has worked at the **College of Policing** as a researcher since 2016, previously spending 17 years working for his local police force in a variety of roles.

Mae prif gyfrifoldebau Rob yn cynnwys adnabod a rhannu arfer gorau ar gyfer datrys problemau a bod yn bwynt cyswllt ar gyfer plismona sy'n seiliedig ar dystiolaeth, gan gynnwys hwyluso'r Rhwydwaith Hyrwyddwyr Tystiolaeth, sydd â chynrychiolwyr o bob heddlu yng Nghymru a Lloegr.

Rob's primary responsibilities involve identifying and circulating best practice for problem solving and also being the point of contact for the development of EBP, including the facilitation of the Evidence Champions Network, which has representatives from every police force in England and Wales.







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# Nodiadau Notes

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# Nodiadau Notes

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Comisiynydd Heddlu a Throseddu  
Dyfed-Powys  
Police and Crime Commissioner

**Cynllun Heddlu a  
Throseddu Dyfed-Powys  
2025-2029**



**Dyfed-Powys Police and  
Crime Plan  
2025-2029**





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